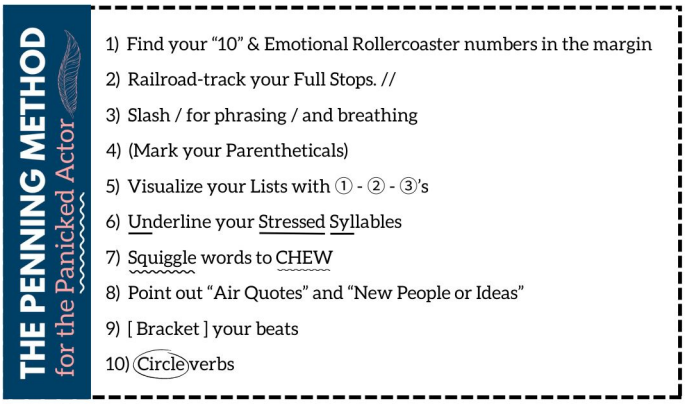
Here's a handy reference card for you to take with you in your wallet, in case you start to panic and forget everything you've learned! You got this!





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